



# Wiscasset Public Library Newsletter

March 2019



**Wiscasset Public Library**  
21 High Street  
Wiscasset, ME 04578

## Library information

### Hours:

Tue.	10:00am-5:00pm
Wed.	10:00am-7:00pm
Thu.	10:00am-5:00pm
Fri.	10:00am-5:00pm
Sat.	10:00am-2:00pm
Sun.	Closed
Mon.	Closed

### Staff:

Pamela Dunning, Director  
David Cherry, Assistant Librarian  
Karen Delano, Assistant Librarian  
Janet Morgan, Assistant Librarian  
Laurie Ridgway, Children's Librarian

### Contact:

(207) 882-7161  
wpl@wiscasset.lib.me.us

Website: [www.wiscasset.lib.me.us](http://www.wiscasset.lib.me.us)  
See the Library website for the latest information.

### Library Trustees:

Richard Litz, President  
Linda Bleile, Vice President  
Thomas Boudin, Treasurer  
Sandra Crehore, Secretary  
Cindy Fischer  
Sally Gemmill  
Kris Niederlitz  
Cheryl Rust  
Greg Uthoff

## Community Read

### *Treasure Island*

By Robert Louis Stevenson

**Wednesday, May 22 at 5:00pm**

This classic tale of "buccaneers and buried gold" established the popular perceptions of pirates. It is one of the most frequently dramatized novels of all time. You've seen the movies, plays and video games — but have you read the original story? Join us for the adult discussion on May 22. There will be a boatload of pirate fun for children all through May. See the Children's section on page 3 for the "Matey" activities.

There will also be a Treasure Island Kick-Off in April when area libraries, in partnership with Maine State Music Theatre, schedule a variety of Treasure Island events. Check the WPL website and your local newspaper for event updates.

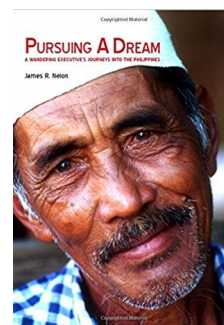
### Ray Witlin Photo Exhibit

**On display through March**

In February, author Phyllis Chinlund launched a photographic exhibition of the work of her late husband Ray Witlin. Witlin's life and career were defined by a quest to create his personal brand of photojournalism, a quest that ultimately led him on a multi-media exploration of 55 countries. His works appeared in many magazines, including Life, Newsweek, and United Nations publications. The impressive scope of Witlin's work can be viewed in the WPL Fine Arts Room until March 30.

### Pursuing A Dream

**A Wandering Executive's Journey  
Into Indonesia**



**Wednesday, April 3, 5:00-6:45pm**

**Wednesday, May 8, 5:00-6:45pm**

Author James R. Nelson will narrate a video account of his travels in the remote Philippines (**April 3**) and Indonesia (**May 8**). While working in Asia, Mr. Nelson took a year off from the corporate world to chase the fantasies of his childhood. He traveled solo into the jungles and mountains of isolated islands and inaccessible villages to visit, stay with, write about and photograph peoples rarely seen. These will be a fascinating presentations for all explorers.

### Part 2: Fundamentals of Integrative Nutrition

**Wednesday, March 27 at 5:00pm**

Join us for another informative session with **Julie Mitchell, Certified Integrational Nutritionist**. You will learn about the importance of greens and easy ways to add more of these nutritional powerhouses to your diet. Discover the advantages of cleansing and detoxing. You do not need to have attended the first lecture to attend this one.

## Familiar Faces: Hello from the new President of WPL Board of Trustees



A lot of work goes on behind the scenes to make Wiscasset Public Library a great community resource. We like to introduce community members who contribute to our success. This month, meet new Library Trustees President, **Richard Litz**:

Richard was born in Presque Isle, and spent his early years in the County. Like many people in northern Maine, his family had strong connections with Canada, and he and his brother and sisters went to boarding school in New Brunswick. Richard later attended Dalhousie University in Halifax, Nova Scotia (B.A. and M.S.), and received his doctoral degree from the University of Nottingham in the UK. After teaching for two years at the University of Durham in the UK, he joined a prototype biotech company, a subsidiary of Guinness, near Glastonbury (UK). He remained there for three and a half years. His sons were born in Nottingham (David) and Durham (Matthew). Richard returned to the USA in 1976 where he served as a faculty member of the University of Florida until his retirement in 2011. During his last five years at UF, he was the Director of the

Center for Tropical Agriculture. He remains active in his field as a Professor Emeritus and has recently completed the editing of a two-volume scientific reference book.

Together with his partner, Jorge, in 2002 he purchased an old house (1782 and 1805) in Wiscasset in anticipation of retirement. His three golden retrievers closely monitor the traffic on Federal Street. When he is not puttering in the expanding garden or the house, Richard reads.....and reads. "I guess there are never enough books." —John Steinbeck. What a pleasure it is to sit in the comfort of the Wiscasset Public Library, and to ponder what to read next. Just over a year ago Richard discovered the Elena Ferrante Neapolitan novels there. Time to read them again!

### Patron Recommendations

*Call Me American* by Abdi Nor Iftin

*Left Standing* by Mason Wells

*The Lobstering Life*

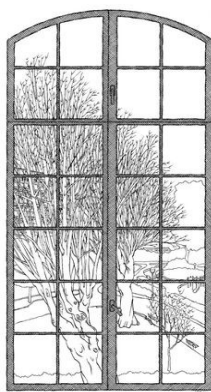
by David Middleton and Brenda Berry

*The Long Shadow* by Beth Kanell

*Sea Prayer* by Khaled Hosseini

*The Thirteenth Tale* by Diane Setterfield

*Where the Crawdads Sing* by Delia Owens



***“The library is an arena of possibility, opening both a window into the soul and a door onto the world.” ~ Rita Dove***

### Staff Picks: Recommended Books by Pamela Dunning

March is National Nutrition Month — a great time to consider how and what we consume. The Library has an extensive collection of books about diet, health, and food as medicine. These are just a few of our resources:

*Anti-inflammatory Foods For Health* by Barbara Rowe

*The Best Life Diet* by Bob Greene

*Eat Happy: Gluten Free, Grain Free, Low Carb Recipes For A Joyful Life* by Anna Vocino

*Eat-Taste-Heal* by Thomas Yarema

*Eat To Live* by Joel Fuhrman, M.D.

*Eating Clean: The 21-Day Plan To Detox, Fight Inflammation And Reset Your Body* by Amie Valpone

*The Eat-Clean Diet* by Tosca Reno

*The Healthiest Meals On Earth: The Surprising, Unbiased Truth About What Meals To Eat And Why* by Jonny Bowden

*The 150 Healthiest 15-Minute Recipes On Earth* by Jonny Bowden

*The Whole30: The 30-Day Guide To Total Health And Food Freedom* by Melissa Hartwig

There are many, many more titles available here at the Library and through our inter-library loan system (MILS).

# The Children's Room

March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Story Time 10:30	2
3	4	5	6	7	8 Story Time 10:30	9
10	11	12	13 Animal Lovers Guild 5:45	14	15 Story Time 10:30	16
17 St. Patrick's Day	18	19	20 	21	22 Story Time 10:30	23
24 31	25	26	27 Family Game Time 5:45	28	29 Story Time 10:30	30

**Story Time** on **Mar. 1, 8, 15, 22 & 29**, Fridays at 10:30am - Refreshments served.\*

**Animal Lover's Guild** on **Mar. 13**, Wednesday at 5:45pm - Make a mat for your pup or to donate to a shelter. Pizza will be served.\*

**Family Game Time** on **Mar. 27**, Wednesday at 5:45pm - Play our board games or bring your favorite game. Pizza will be served.\*

*\*You must let us know of allergies prior to the program if they are a concern*

Don't forget our **Take & Make Crafts**! Great fun and easy to make at the Library or at home.

Week 1: Lucky rainbow bracelets

Week 2: St. Patrick's Day decorations

Week 3: Plant some paper flowers to welcome spring!

Week 4: Make a kite to fly



Coming in May...

## Community Read

**Treasure Island** by Robert Louis Stevenson



Since it's first publication in 1883, the novel **Treasure Island** has been a much-loved story of pirates and treasure. Many books, comics, movies and video games have been based on the memorable characters like pirate Long John Silver and protagonist Jim Hawkins. Read along and join the fun!

### Activities

**May 1 – 31: Pirate art project.** Color your own design or use the coloring page provided by the library. All mediums will be allowed. The suggested size is 9 x 11 inches. The coloring pages will be distributed to all students attending Edgcomb-Eddy School and Wiscasset Elementary School. They'll also be available to pick up at the library. Return your Pirate Art to the Children's Room to receive a bag of Pirate Booty snack and an eyepatch, and to be entered in a raffle for a fantastic basket of pirate goodies. **Pictures must be dropped off by 5:00pm on Friday, May 31.**

**May 1 – 31: Guess the doubloons.** Guess how many chocolate doubloons are in the glass jar during the month of May. The closest answer will get to take home the doubloons!

**May 3, Friday at 10:30 am: Story Time.** Join us for a rollicking Story Time of pirates, parrots and mateys.

**May 8, Wednesday from 3:00-4:00pm: Treasure Hunt.** A fun afternoon of treasure hunting on our lawn. Create a chest to hold your pirate booty. **Please call to let us know you are coming.** (limited to 12 spots)

**May 4: Take & Make Crafts.** Pick up a kit to fold and color your own cardboard treasure chest. Kit includes chest and embellishments. Available until kits are gone.

## Friends to Friends

News from the Friends of Wiscasset Public Library

### Friends Meeting Notes

The 2019 election was held at the January Friends meeting. Thank you to the volunteers who will serve as Officers and Chairpersons of the Friends during the coming year.

President: Janet Morgan

President Emeritus: Linda Winterberg

VP: Katharine Martin-Savage

Secretary: Virginia Forrest

Treasurer: Tracy Joyce

Program Chair: Wendy Eichler-Ross

Used Book Room Chair: Judith Sutter

Book Discussion Chair: Cindy Fischer

We invite you to join us at the next Friends meeting on Monday, March 11th at 9:30am.

### Planning Ahead (dreaming of summer)

The Friends' annual Bands for Books fundraising event will once again be held on Labor Day. We are looking for auction item donations and event sponsors. We would also welcome your expertise if you are an event coordinator! Stop by, email or call if you'd like more information.



On February 22 and 23, the Friends held a "Buy One, Get One" Cabin Fever Book Sale in the Used Book Room. The sale netted \$180 and opened up much-needed space on the shelves. Thank you to the UBR volunteers who supported this effort. Shoppers seemed to enjoy the bargain hunting. The Friends enjoyed seeing familiar faces and new visitors in the UBR. Stop by on your next trip to the Library. You're sure to find a great gift for yourself or a friend.



### We want to hear from you!

Comments? Questions? Send your ideas to the WPL Newsletter Editor at: [wpl@wiscasset.lib.me.us](mailto:wpl@wiscasset.lib.me.us)

### Teacup Fundraiser

During February, Library patrons who donated \$10 or more received a teacup and tea. These beautiful cups were donated to the Library and we thought they were a perfect way to commemorate Valentine's Day. Due to their popularity, we will continue to offer the teacups while our supply lasts. All proceeds from the teacup sale support Library programming.



### Did you know...?

Your library card can be used to get books from any library in the Maine InfoNet Library System. Click on "Card Catalog" on the WPL website (<http://wiscasset.lib.me.us>) and search for your book. If it's not available at WPL, search "View Entire Collection" which is the first item on the dropdown list. When you've found your selection, click "Request" at the top of the page. You can be notified when your book arrives and you can pick it up at the Wiscasset Public Library.

### Friends Book Discussion

Please join us! **March 15, 10:15am**

***Travels with Charley in Search of America*** by John Steinbeck

Steinbeck, with his French poodle, drives across the country. Along the way he reflects on the American character, racial hostility, the American loneliness he finds almost everywhere, and the unexpected kindness of strangers.

Book discussions are held in the Library Reading Room on the third Friday of each month at 10:15am.

Our next meeting will be a book share on Apr. 19.

At the February book share, attendees brought a wide range of books for our consideration.

Book Share recommendations:

*The Story of Arthur Truluv*

by Elizabeth Berg

*Tale of Two Cities* by Charles Dickens

*The Great Alone* by Kristin Hannah

*The Soul of an Octopus*

by Sy Montgomery

*The Library Book* by Susan Orlean

*Crossing to Safety*

by Wallace Stegner

*Two Loves* by William Trevor

### Be a **FRIEND!**

Would you like to support your community and have some fun? Come to a Friends meeting to learn about the many ways we support WPL. We meet at 9:30am on the 2nd Monday every other month. We start with a coffee social followed by the business meeting at 10:00am. Our 2019 meeting dates:

January 14

March 11

May 13

July 8

September 9

November 11