

How to Crochet a “Book Worm Buddy”

Yarn & hook: Use any yarn + a crochet hook a size or two smaller than label states. [example: Caron’s Simply Soft worsted “Paint” yarn with G or 7 hook.]

Setup: Make a slip knot and **CH (chain) 30 stitches** (not counting the slip knot — and not including the loop that remains on your hook).

Pattern: Into the 2nd chain from your hook work **1 Sl St (slip stitch)**. Then in all of the rest of the chains (except the very last one before the slip knot), work **4 SC (single crochet)** stitches into each of the chains — until you have one chain remaining.

Shape the Head: Into the very last chain (not the slip knot), work **12 DC (double crochet)** stitches. Then do **1 Sl St (slip stitch)** into that same chain and **CH (chain) one**. Cut your yarn and pull the end through the chain you just made; pull it tight.

Finishing: Weave in your ends, concentrating on making the “neck” a bit sturdier, and then weaving the ends **up through the backside of the head** (do not weave ends down into the curly body — that will prevent them from being bouncy). No need to close up the hole in the center of the head — that’s the “mouth”! With contrasting yarn, embroider two eyes onto the head above the mouth.

Attach a Tag:

(book worm example) Inch, inch little worm, down, down the book...Scrunch, little worm, Hey, take a look! I’ll read to you until the book’s end. Inchy, scrunchy — My cute book friend!

(worry worm example) Are you feeling anxious, maybe sad or kind of blue? Don’t worry anymore, okay; not when I’m with you. I’m your little worry worm, you can squeeze me tight. Coil my springy body up and then you’ll feel alright.



{To watch a great how-to video, search on YouTube for “crochet worry worm pattern by Hooked by Robin.” Note: the video says 10 DC for the head, but 12 DC is better.}

{Thanks to “Random Acts of Crochet Kindness Facebook Group” for sharing this free pattern & promoting kindness.}