## November 2023



Don't wait until the fourth Thursday in November to sit with family and friends to give thanks. Make every day a day of Thanksgiving. ~ Charmaine J. Forde

### **Director's Note**

November is National Gratitude Month, a time to celebrate and give thanks. We all look forward to the Thanksgiving Day experience of spending time with family. There is so much more we can consider here. We can spend the entire month practicing appreciation for everything in our lives. The scent of wood smoke, beautiful foliage, and pumpkin spice everything. Fall is here with all it has to offer.

Counting our blessings has tremendous benefits for our mental health and well-being. Some ways to practice gratitude include journaling, paying attention to the precious moments and little things throughout the day, doing something to help someone else, and just sharing a smile with a stranger. Practicing gratitude can boost your immune system by lowering stress levels, improve mental health by easing symptoms of anxiety, improve relationships, raise self-esteem, and can become a daily habit for both physical and mental health.

How do you put all of this into action? Simply think of something or someone for which you are grateful and appreciate having in your life. Taking even a short moment to think about how fortunate we are and letting everything else fade into the background can create change in our lives.

Pam Dunning, Director

### Library Humor







# **Upcoming Events**







Friends of WPL **BOOK GROUP**  **Every other Thursday after 10am: Career Center at WPL**. Maine Career Centers provide a variety of employment and training services at no charge. Get assistance with your job search, résumé, interviewing, apprenticeships, training and education, federal bonding information, and veteran's services. For more info, contact 207-816-1713 or logan.gould@maine.gov.

**Tuesday, November 7: Election Day**. On the <u>Secretary of State's Election Information website</u>, you will find helpful information about upcoming elections. You can find a voter registration form, ballot questions, voter and candidate information, the "<u>Citizen's Guide to the Referendum Election</u>," and more.

Wednesday, November 8, 9:30am: Coffee Social and Friends meeting. Join us for our coffee social in the library Fiction Room. New members are always welcome. Come meet the Friends and learn how we support WPL. The business meeting will follow at 10:00am. Email <u>Wiscasset.Library.Friends@gmail.com</u> to learn more.

**Tuesday, November 14, 5:30pm: Friends Book Discussion**. All are welcome. We meet on the third Tuesday of each month to discuss a book selected by the group members. For the meeting location or other information, contact Group Chair Christopher Hart at <u>christopher.hart@vcfa.edu</u>.

## **New Books at WPL**

We add dozens of new books to our shelves every month. Stop in and browse our "NEW" shelves or check out the "NEW" feature on our <u>website</u>. You'll find carousels of new fiction, nonfiction, and young adult titles on our homepage.

# After the Miracle: The Political Crusades of Helen Keller (Large print)

Max Wallace revisits Helen Keller's life to reframe her journey after the miracle at the water pump. He vividly brings to light her rarely discussed lifelong fight for social justice across gender, class, race, and ability. Most works focus on Keller's physical disabilities. They fail to fully capture the



strength and determination evident in Keller's accomplishments in her struggle for equity. She shook up the country by speaking out against the Jim Crow laws, donating

to the NAACP, and opposing American intervention in WWI. She spoke out against Hitler and was one of the first public figures to speak out against Apartheid. She raised money to defend Nelson Mandela, criticized Joseph McCarthy during the Cold War, strongly stood up for her beliefs, and challenged others to follow.

Wallace gives us the opportunity to stop looking at Helen Keller the disabled individual who overcame her body's challenges and to see the person who followed her convictions and fought to make this world a better place for us all.



### Her Father's Daughter

Domestic suspense, a desperate police investigation, a love affair, and a serial killer on the loose are skillfully woven together in the latest novel by acclaimed author T. M. Dunn. *Her Father's Daughter* is a raw, edgy, and hard-hitting hero's journey into a family's twisted secrets.

Linda Donovan has spent her life working for her father, Anthony, at Donovan and Daughter Exterminators in New York City. When her father takes the anniversary of her mother's death off to make his annual visit to his late wife's grave, Linda heads to a Park Avenue apartment building to work solo. She arrives to find the body of an elderly resident, partially eaten by rats. The gruesome death is obviously foul play. When the cops show up and demand to speak to Linda's father, he cannot be found.

As he evades a possible murder charge, Linda's father documents the story of how he met and fell in love with her mother—a previously untold history of familial abuse, tormented souls, and true love gone terribly wrong.

### The Last Exchange

Bestselling author Charles Martin's suspenseful, emotion-filled novel centers on one man who seeks to answer the question: How far would you go—really—to save someone you love? Finding the answer will take readers on an intense and heart-wrenching journey to the very end.



MacThomas Pockets, former Scottish Special Forces, is hired as a consultant by a film director who needs help with scenes that aren't working. Unexpectedly, Pockets ends up moving to L.A. to work as the bodyguard for movie star Maybe Joe Sue.

Pockets soon realizes there are two sides to Joe Sue: The public sees her perfect life and her Hollywood husband. Then there is the private Joe Sue with the traumatic past that no amount of pills can cover up, and the desperate desire for a child of her own. At the end of the job Pockets continues to track Joe Sue's life. Few would notice when the bottom fell out. But he does. And that's when he steps in.

## **Teen News**

### Welcome, Lindsey!

Have you met our new Librarian, Lindsey Carnes? Please stop by the front desk and say "Hello!" Lindsay will be expanding the Young Adult offerings over the next few months. She would love to meet you and hear your ideas.



# Books for Thanksgiving Break

Library cards are free to Wiscasset, Westport, Alna, and Edgecomb residents, students, and businesses... and you get interlibrary loans, CloudLibrary, and ComicsPlus access.



## National Author's Day & NaNoWriMo

Teen Room Activities...

- Visual Notetaking Journaling Kits
- Glue a Poem Activity
- NaNoWriMo Info, Creative Writing Spaces
- Make & Take: Gratitude Rocks
- Make & Take: Swiftie word bracelets

## Meet Dr. Lindsey, the New Librarian The Teen Room is seeking a

Dungeon Master and has openings for Teen Tech Helpers, Teen Advisory Board Members.



# The Children's Room

Thanksgiving at the Library is all about books and patrons. We have something for everyone, from traditional to Native American to fun and silly. Check out our collection to get in the mood for the pie!





Dr. Marthenia "Tina" Dupree led Community Relations for a large chicken restaurant chain. She was widely known for her work in the community and her efforts to improve education. The people she helped lovingly nicknamed her "The Chicken Lady." In 2001, President George W. Bush proclaimed November 4 as National Chicken Lady Day. **#ChickenLadyDay** 

Honor the Chicken Lady—Read a chicken book!





# Cheer up a veteran with a colorful "THANK YOU" card!

On Veterans Day (November 11), we honor the men and women who have served in the United States Armed Forces. Stop by the library to pick up a card and stamped envelope addressed to the Maine Veteran's Hospital. Decorate it, add a special message, and drop it in the mail. All cards will be distributed to our Veterans in the hospital.

### When you come to pick up your books—remember there are Crafts to Go.



### **OCTOBER STORY TIME**

When: Fridays, 10:30–11:00am Where: The Children's Room Who: Children (birth to 5 years) and caregiver



As we enter into the month of November, it is a great time to think of all the things we are thankful for in our lives. Family, friends, and food are the three things we will focus on this month. We will read stories about each of these (and a turkey or two, also!) as we get ready to celebrate Thanksgiving with our family from near and far, maybe some friends also, and a feast of wonderful food!

We will not be having Story Time on the 24th. I hope everyone has a wonderful Thanksgiving!

When you come to Story Time, remember there are activities to go! (A different activity will be available each week after Story Time.)



# **News from the Friends of WPL**

## **Friends Book Club**

James Lee Burke's *Flags on the Bayou* was the topic of discussion when the WPL book club met in mid-October. The book was well regarded by the group, although those who had read his other novels did not all agree with the author's own assessment that this is his "very best" work. Set in Louisiana during the American Civil War, the novel switched perspectives chapter by chapter among several characters, including two formerly enslaved women, a Northern abolitionist, a Union commander, and a deranged Confederate officer leading a band of "irregulars."

The setting and structure of this novel are apparently a bit of a departure from the author's large body of work. Some readers felt that certain perspectives lacked distinction from others, leading to confusion, at least early on. A few found the consistent violence, however true to the historic circumstances, off-putting. James Lee Burke's sentence-craft was what carried the book for several—though not all—in the group. The discussion was fueled by an informal potluck, which included cornbread, shrimp and grits, black-eyed peas, fruit cobbler, and other Southern-themed vittles.



Book Club meetings are usually held on the third Tuesday of each month. To avoid Thanksgiving entanglements, November's get-together is set a week early, on November 14. The group will be discussing **The Indigo Girl: A Novel** by Natasha Boyd.

This work of historical fiction revolves around real-life agriculturist Eliza Lucas, a sixteen-year-old who, when left in charge of her father's South

Carolina plantation in 1739, figured out how to grow and extract dye from indigo plants. As "The Princeton Review" describes it, "romance, intrigue, forbidden friendships, and political and financial threats ... form the story of a remarkable young woman whose actions were before their time."

For the meeting location and any additional information, contact Christopher Hart at <u>christopher.hart@vcfa.edu</u>

### **Treasurer's Report**

It's not too late to send in your dues for the 2023 year. Please address your checks to the Friends of the Wiscasset Public Library to avoid confusion. Mail your check

(payable to Friends of the Wiscasset Library) to the library at 21 High Street, Wiscasset 04578. Thank you for your continued support.

## Second Hand Prose Used Book Room

Open Tuesday through Saturday when the library is open

This year we held a \$5 bag sale in conjunction with Scarecrow Fest. This special event brought in old and new friends to the Used Book Room, with promises to return. This sale cleared the shelves and we continue to accept books. If you have books that you are no longer reading, please consider donating them. We have a special need for children's books.



Many of our visitors are families with children or grandparents who are looking for these treasures.

If you have any suggestions, I would love to hear from you. I can be reached at <u>lynnmaloney5@yahoo.com</u>. As always, a sincere thank you to the faithful volunteers who staff our Used Book Room. Your diligence is appreciated. It is wonderful to welcome so many people. This is one of the highlights of volunteering. Plus, you get a first chance at purchasing our books!

### Be a FRIEND!

Would you like to support your community and have some fun? Come to a Friends meeting to learn about the many ways we assist WPL. We meet at the library at 9:30am on the second Wednesday, every other month. We start with a coffee social, followed by the business meeting at 10:00am. Our next meeting will be held on November 8. You can find more Friends information on the <u>WPL website</u>. Email us at <u>Wiscasset.Library.Friends@gmail.com</u> if you'd like to receive updates from the Friends.

# **Library Information**

### **Digital Resources**



E-books & Audiobooks



Graphic novels, Manga & more



Wiscasset History



My Library Account



**Online Learning Tools** 



Wiscasset Public Library is a 501(c)(3) nonprofit organization. Your support helps WPL bring information, the joy of reading, and life-long learning to the communities of Alna, Edgecomb, Westport Island, and Wiscasset. To donate, visit our **website**. Thank you for your support!

#### Hours

Tuesday 10:00am–5:00pm Wednesday 10:00am–7:00pm Thursday 10:00am–5:00pm Friday 10:00am–5:00pm Saturday 10:00am–2:00pm Closed Sunday and Monday

### Staff

Pamela Dunning, Director Laurie Ridgway, Children's Librarian Lindsey Carnes, Librarian David Cherry, Assistant Librarian Annaliese Hart Incháurregui, Library Clerk

Visit our website

Connect with WPL (207) 882-7161 wpl@wiscassetlibrary.org



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